

BSC SUMMER PROGRAM

July 2, 2025 - August 15, 2025

SCHEDULE

ON ICE (Monday to Thursday)		OFF ICE (Monday to Thursday)	ON ICE (Friday)	OFF ICE (Friday)			
9:00 - 9:50	COMP - FS	8:30 - 8:50	COMP - Warm Up	9:00 - 9:15	STAR 4 to GOLD - Group		
9:50 - 10:05	COMP - Spins			9:15 - 10:15	STAR 4 TO GOLD / PRE COMP A - FS		
10:05 - 10:20	Flood	9:50 - 10:10	PRE COMP A - Warm Up	10:15 - 10:25	Flood	11:20 - 11:50	PRE COMP A - stretch
10:20 - 10:55	COMP / PRE COMP - Group			10:25- 11:15	COMP / PRE COMP A - FS		
10:55 - 11:05	STAR 4 TO GOLD / COMP/PRECOMP A - Skills			11:15 - 11:25	Flood		
11:05 - 11:15	STAR 4 TO GOLD / COMP/PRECOMP A - Dance			11:25 - 12:25	COMP - FS	12:30 - 1:00	COMP - stretch
11:15 - 11:30	STAR 4 TO GOLD - Group						
11:30 - 11:45	Flood	11:40 - 12:25	COMP				
11:45 - 12:35	STAR 4 TO GOLD / PRE COMP A - FS	12:25 - 12:55	STAR 2/3 / PRECOMP B				
12:35 - 12:50	Flood	12:55 - 1:40	STAR 4 TO GOLD / PRE COMP A				
12:50 - 1:35	COMP - FS						
1:35 - 1:50	Flood	1:00 - 1:30	STAR 2/3 / PRECOMP B				
1:50 - 2:35	STAR 2/3 / PRECOMP A / PRECOMP B - FS		off-ice jump - Rm #24				
1:50 - 2:35	STAR 4 TO GOLD (optional FS)						
2:35 - 2:45	STAR 2/3 / PRECOMP B - Spins						
2:45 - 2:55	STAR 2/3 / PRECOMP B - Skills						
2:55 - 3:05	STAR 2/3 / PRECOMP B - Dance						
3:05 - 3:15	STAR 2/3 / PRECOMP B - Group						
3:15 - 3:30	PRE COMP B - Group						
July 22nd - August 14th		July 22nd - August 14th					
5:00 - 6:00	STAR 1 (Tue & Thur)	4:15 - 4:45	STAR 1 (Tue & Thur only)				
6:00 - 6:10	CanSkate Prep						
6:10 - 7:00	CANSKATE (Tue & Thur)						

Week 1 July 2 - July 4 (Wed - Fri)
 Week 2 July 7 - July 11
 Week 3 July 14 - July 18
 Week 4 July 21 - July 25
 Week 5 July 28 - Aug 1
 Week 6 Aug 5 - Aug 8 (Tues - Fri)
 Week 7 Aug 11 - Aug 15

STAR 1 - Must have passed CanSkate Stage 6 or Stage 5 with coach recommendation
 STAR 2/3 - Must have completed the STAR 1 FreeSkate test
 STAR 4 to GOLD - Must have completed the STAR 3 Freeskate test
 PRE-COMP A - Must have participated in the PreComp A spring session
 PRE-COMP B - Must have participated in the PreComp B spring session
 COMPETITIVE - Must have competed a minimum of two seasons at STAR 5 or higher.

Revised: April 9, 2025